

FITNESS LABS™
NUTRITION CORPORATION

4515 '99 APR -7 AD 57
4/2/99

March 24, 1999

Linda S. Kahl, Ph.D.
Office of Special Nutritionals (IFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

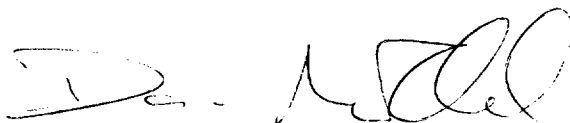
The dietary supplement for which the statement is made is HMB 250mg. The dietary ingredient that is the subject of the statement is HMB (calcium B-hydroxy B-Methylbutyrate Monohydrate). The statement reads as follows.

"Provides the High Quality, Patented Form of HMB used in University Studies that produced effective results. HMB (B-Hydroxy B-Methylbutyrate Monohydrate) is a branched chain amino acid (BCAA) metabolite. It has been shown to support the body's ability to minimize muscle breakdown which can occur subsequent to intense resistance exercise."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,
Fitness Labs Nutrition Corporation



Daniel R. McFarland
President

97S-0162

P.O. Box 3896
Torrance, CA 90510-3896

LET3420 64477

Phone (310) 325-0075
Fax (310) 325-5559